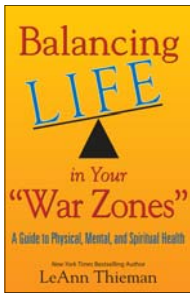
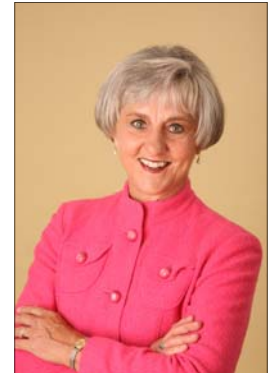




# LeAnn Thieman, CSP, CPAE

Speaker Hall of Fame, Author, Nurse



100 little babies lay three and four to a cardboard box, strapped in the belly of a gutted cargo jet. Saigon was falling to the communists - - and LeAnn was caught up in the Vietnam Orphan Airlift. An ordinary person, she struggled through extraordinary circumstances, and found the courage to succeed. Today LeAnn shares life-balance lessons with healthcare workers, reminding them why they entered this profession...and why they stay.

## Chicken Soup for the Healthcare Giver's Soul: Balancing Life in Your 'War Zones'

**LeAnn not only survived, but loved her 30+ years as a nurse! She understands how many of the challenges in the "war zone" of the Orphan Airlift, apply to the "war zones" in healthcare today:**

- Having too much to do and not enough resources and to get it all done
- Finding the right people to give competent, compassionate, efficient care
- Caring for others while neglecting to care for ourselves
- Creating balance between work and family life
- Coping with the stress of caring for others, while having to do more with less

**LeAnn inspires hope, courage, and joy to not only survive "war zones," but to find peace there.**

*I'm going to live my life differently after hearing you today.* California Association of Health Facilities

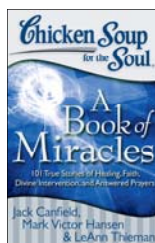
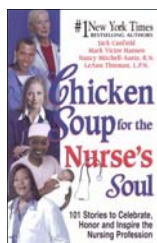
*The surveys from our staff show that you are one of the most popular speakers we have ever had...satisfaction scores are off the charts! That's why we've had you back five times!* Michigan Health and Hospital Association

*What a renewal of one's self. A reminder there is hope, support and laughter in this profession. Your tools for self-care with make us better nurses, delivering better patient care.* Kansas Organization of Nurse Leaders

*LeAnn filled the staff with confidence and inspiration and sent them on their way with renewed enthusiasm, joy, and determination. Her CARE4ME strategies help them care for themselves too.* National Nursing Conference - Manitoba,



LeAnn is author of 12  
*Chicken Soup for the Soul* books,  
including



### Clients include:

- Rosalynn Carter Institute for Caregiving
- Press Ganey National Client Conference
- California Association of Health Facilities
- Manitoba Nurses Union, Canada
- Cleveland Clinic Foundation
- Amedysis Home Healthcare
- American College of Healthcare Administrators
- Visiting Nurse Associations of America
- Academy of Medical-Surgical Nurses